

YOUR HEALTH

CHOLERA

THE City's Health Department has been working to inform the public about cholera and how to prevent it, especially people living in informal settlements with poor sanitation. Information has been distributed through Municipal facilities and radio. As at present, no recent cases of cholera have been reported in eThekweni, but constant vigilance is needed.

Symptoms of cholera

These include severe diarrhea, nausea and vomiting, rapid dehydration, muscle cramps and, ultimately, kidney and circulatory failure. A person who is suffering from the disease is likely to be sick within two to five days of drinking contaminated water or eating contaminated food and can die within six hours of contracting cholera if he or she is not properly treated.

How can water be made clean and safe?

- Boil water for at least 10 minutes and leave to cool before drinking.
- Add 1 teaspoon of household bleach to 25 litres of water and mix.
- Leave the water in the container overnight or for at least two hours before using.

If a little water is needed, add five drops of bleach to one litre of water and leave for half an hour.

How to help someone with Cholera?

- Mix one litre of clean, boiled water with six level teaspoons of sugar and half a teaspoon of salt.
- Start to give the person as much of this mixture as possible, at least two cups after each stool and seek medical attention.

Please remember to:

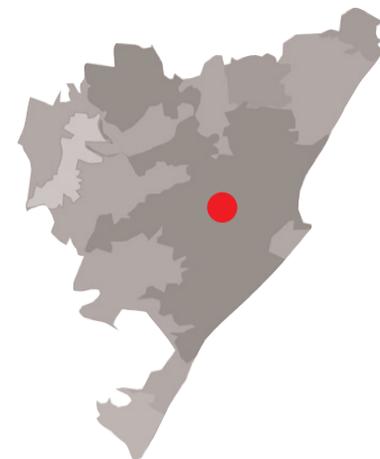
- Wash hands with soap and clean water after visiting the toilet;
- Wash hands with soap and clean water before preparing food;
- Wash fruit and vegetables with clean water;
- Prepare and store food under proper hygienic conditions;
- Cook food thoroughly in treated water and eat while still hot;
- Avoid mixing raw food with cooked food; and
- Leftovers should be thoroughly reheated before consumption.

Call Dr Ayo Olowalagba at 031 311 3502 or 083 452 2880 or Mandla Zama at 083 457 1183

Compiled by the eThekweni Health Department

PROFILES: WARDS

The city comprises 100 wards, each with its own ward committee. In this, and forthcoming editions we will profile these wards so you can get to know them better. This week we look at Ward 21



Ward: 21
Councillor: Nelisiwe Nestar Nyanisa
Party: ANC
Contact: 031 311 1111

Areas within ward: Berkshire Downs, Clermont, Falcon Industrial Park, Mountain Ridge, Mvuzane, Ndunduma, Wyebank, Manors, New Germany, Padfield Park and The Wolds.

Community need assessment priorities: Job creation, fighting crime, a pedestrian bridge over Dinkelman Highway, houses in Clermont and KwaMhlangu and investing in educational and sporting facilities.

Household income (pa)	Households	%
No income	1 722	19
R1 – R4 800	393	4
R4 801 – R9 600	980	11
R9 601 – R19 200	1 295	15
R19 201 – R38 400	1 060	12
R38 401 – R76 800	906	10
R76 801 – R153 600	1 179	13
R153 601 – R307 200	966	11
R307 201 – R614 400	238	3
R614 401 – R1 228 800	30	0
R1 228 801 - R2 457 600	55	1
R2 457 601 and more	16	0

Work Status	15 – 65 years	%
Employed	9 358	52
Unemployed	4 060	22
Not Economically Active	4 663	26
Literacy Rate (Grade 7 and above)	16 248	65
Dependency Ratio		3

Delivery Of Basic Household Services		%
Electricity	2001	79
Refuse Disposal	2007	100
Flush Toilets	2001	97
Water - dwelling/yard	2007	100
Water < 200m		

Dwelling type		
Number of households	8 531	%
Formal	7 234	85
Informal	1 090	13
Traditional	174	2
Other	33	0

Age		%
Age 0 – 4	2 008	8
Age 5 – 14	3 756	15
Age 15 – 34	9 920	40
Age 35 – 64	8 040	32
Age > 65	1 364	5

Population	25 087	%
African	15 865	63
Coloured	329	1
Indian	666	3
White	8 227	33
Pensioners	1 364	5
Disabled	887	4
Male	11 915	47
Female	13 172	53

Major Community Facilities located in the Ward include:	
Library	2
Clinics	2
Police	0
Hospital	0
Pension pay points	0
Billing points	0
Metro police	0
Fire stations	0
Community halls	5
Post office	0
Schools	5

Approved Capital Projects (R million)				
Project	Type Task	2007/2008	2008/2009	2009/2010
Stormwater	17th Avenue Armco Replacement	0.0	0.2	0.0
New Housing Infrastructure	Harmony Heights	0.0	0.0	2.5
Solid Waste	New Germany Depot Expansion	0.5	0.0	0.0
Housing	Harmony Heights	0.0	0.0	3.0
	Nipper Road	1.0	0.0	0.2
	Western Buffer	3.0	3.0	0.0
Electricity	Clermont 11kV, SWBD	1.5	0.0	4.3
	MV/LV Reinf. Pinetown	0.4	1.0	1.0



METRO REPORTERS

HAS your organisation made spectacular electricity savings by changing the way it works? Have you successfully tried new energy efficiency technologies in your business?

If so, the Imagine Durban project and the eThekweni Municipality Energy Office would like to hear from you. We are inviting interested organisations to volunteer to be the subject of case studies into successful examples of electricity savings in eThekweni. The information will be written up into a user-friendly document so other organisations in Durban can learn from your experience and follow your example.

In all, 10 volunteer organisations will be selected for case studies. We are particularly looking for electricity saving experiences from the following types of organisations: Offices; restaurants; hotels, bed & breakfasts; industries; supermarkets; shopping malls; and schools.

E-mail Sindira Chetty at chettysindira@durban.gov.za or call 031 311 3430 by 27 February with your contact details, the name of your organisation and a short paragraph on the saving measures you have implemented.

Imagining tomorrow today

The Imagine Durban office, has launched a community networking website to make it easier for organisations and the public to interact.

It will include a community section where members can register a profile; a connect section, where members can post requests for help; an events section with notices on upcoming events; and a forum where members can discuss sustainability in the city.

Imagine Durban Project Officer, Margaret Mackenzie, said the site would be of benefit to organisations, businesses and the public.

Registration is free at <http://imagedurban.org/network/registration>. The site is available in English and isiZulu. www.imagedurban.org.

* Information prepared by the eThekweni Municipality's Corporate Policy Unit

Source: Census 2001